

Region 1 After School Conference

Thriving and Inspiring

November 13 & 14, 2009

Conference Schedule

Friday November 13th

- 8:00am. Registration Opens
- 8:00am. Breakfast available
- 9:30am. Welcome, Keynote

“The Platt Brothers”

- 11:00am Workshop Session 1
- 12:30pm Lunch, Resource Exhibition
- 2:00pm. Workshop Session 2
- 3:45pm. Workshop Session 3
- 5:15pm. Closing Raffle
- 5:30. Resource Exhibition Reception

Saturday November 14th

- 7:30am. Registration Opens
- 7:30am Breakfast available
- 8:30am. Welcome, Keynote

“Going on 13”

- 10:30am Workshop Session 4
- 12:00pm Lunch
- 1:00pm. Workshop Session 5
- 2:30pm. Closing Raffle
- 3:00. Goodbye

Keynote Presentations

Friday, November 13th

THE PLATT BROTHERS

Having been first introduced to the performing arts by a ballet school assembly, The Platt Brothers have always made educational outreach a priority. Their school assembly program reaches thousands of children each year, stressing the importance of imagination, physical activity, and healthy lifestyles.

Saturday, November 14th

GOING ON 13

From Tweety Bird to Bow Wow, double dutch to chat rooms, Daddy’s girls to first deceptions, watch as four girls let go of childhood and fumble – or sprint – toward an uncertain future. This is puberty and for each of these girls of color, it’s a whirlwind of change and new choices. An amazing new film, with a presentation from it’s creators.

Workshops

Operating on a tight budget – Diversity, Equity, Cultural Competency – Inclusion – Middle School/ High School – Nutrition and Physical Activity – Program Management – Classroom Management – Aligning with the Core Day

Workshop Session 1: Friday 11:00am – 12:30pm

Building a Better Summer Program
Program Management

Katie Brackenridge, Bay Area Partnership of Children and Youth

Does your community have enough for kids to do in the summer? If not, this session will give you ideas about how you can fund, plan, and implement a comprehensive and exciting summer program. We will explore research and tools from the national Center for Summer Learning, and funding ideas from your peers round the Bay Area.

Girl Empowerment: A Gang Alternative
Middle School

Amy Chevrolet, Circle of Sisters and Daniella Bravo, United Against Sexual Assault

This workshop details the impacts gangs can have on young girls in our community. Discussions will include the reasons why young girls join gangs and the harm they may face once they are a part of the gang culture. The harm and abuse they face often is at the hands of their fellow gang members. The workshop will also describe some alternatives to gangs that community groups across the County offer these young girls. We will also touch on what individuals can do to empower girls in a safe and positive manner.

Cook Up Some Fun!
Enrichment: Nutrition

Megan Russin, Humboldt County Office of Education

If you are interested in learning about how to include nutrition and physical activity into everyday after school fun, then this workshop is for you! We will explore Harvest of the Month and how it is creatively implemented for after school programs throughout Humboldt County. Culinary Allstars, Farm Walkabout, and Special Events are just a few topics that will be discussed. You will have the opportunity to make and taste a salsa using fresh ingredients, and leave with many recipes, ideas, templates, and resources to share with students you serve.

Why Do They Act That Way?
Youth Development

Dr. Gale K. Gorke, Kids Kan Inc.

This session will explore the various stages of youth development and how understanding these stages help in dealing with inappropriate student behavior. Come learn specific intervention strategies that focus on building positive rapport and help students learn to manage their own behavior.

Workshop Session 2: Friday 2:00pm – 3:30pm

Learning in Disguise
Youth Development

Dr. Gale K. Gorke, Kids Kan Inc.

Participants will learn how play is essential in building academic skills and student motivation. They will gain skills in helping to select and adapt activities that foster academic success, regardless of ability. Use of the educational principles that are found in play will help to enhance learning in general and will help the participants to add activity to academics.

How to Talk so Kids Will Listen: Positive Discipline and Classroom Systems that Work! Part 1
Classroom Management

Annette Zucconi, CalSERVES

You should never go home more tired than your students! Come learn the most effective communication strategies and classroom procedures for positively influencing student behavior, and creating a classroom environment where students and teachers share responsibility, learn and grow!
This workshop is presented in 2 sessions and continued at 3:45pm.

Every Monday Matters

Youth Development

Matthew Emerzian

Every Monday Matters will communicate that it's the ordinary individual acting alone or together with others who can change the world. Participants will be inspired on a personal level and gain a better understanding of how students can be motivated to make a difference in their schools, and their community.

Drumming and Group Rhythm

Enrichment: Music

Mike Liston and Anthony Melville, Rhythms of Life

Let's DRUM! Experience why people of all ages and abilities thrive on rhythm. This extremely FUN, interactive workshop includes drum technique plus games and activities to create drum circles and music exploration for grades K-12.

Workshop Session 3: Friday 3:45pm - 5:15pm

After School Programs on a shoestring

Program Management

Susan Maschmeier, South Bay Union School District

Learn helpful tips to stretch and enhance your after school budget in these lean times, to continue to provide quality programming for the maximum number of children. Find creative, low cost ways to deliver excellent service.

How to Talk so Kids Will Listen: Positive Discipline and Classroom Systems that Work! Part 2

Classroom Management

Annette Zucconi, CalSERVES

This workshop is continued from Session 2.

The Garden as a Living Classroom

Enrichment: Nutrition

Debra Mason, Ambrose Recreation and Park District

The workshop will share successful experiences of Mt. Diablo CARES after school program that has used its school garden as a basis for increasing healthy food choices in the community. They incorporate youth development principles to grow stronger youth and build community.

Learning English and Beyond: A Holistic Approach for Supporting English Learners

Diversity, Equity, and Cultural Competency

Jhumpa Bhattachaya, California Tomorrow

After school programs everywhere are experiencing an increase in enrollment of immigrants and English Language Learners. Through a video and interactive activities, this workshop will help programs address the needs of these growing populations. The workshop will focus on supporting English language development, maintaining or developing the home language, and addressing the socio-emotional needs of immigrants and English Language Learners.

Workshop Session 4: Saturday 10:30am - 12:00pm

After School and Parents: Teaming for All Kids!

Program Management

Beth Hart, After School Inclusion Project

A supportive partnership between your program and parents goes a long way to ensuring success for students. By focusing on students with disabilities and other special needs, you will fill your tool belt with new ideas for engaging all parents and making them your partner.

This workshop is specifically geared toward Program Managers.

If It Bleeds, it Leads: Student Safety and Supervision

Classroom Management

Lindsay Rizzo, CalSERVES

Don't get caught ill prepared! Come learn Best Practices for maintaining a safe environment for the students in your program. Topics include safety playground, bathroom and classroom safety; responding to emergency situations; documentation and communication; and the specifics about mandated reporting!

GOING ON 13: Pre-teen girls in transition and how you can support them

Middle School

Dawn Valdez and Kristy Guevara-Flanagan, Vaquera Films, LLC--GOING ON 13

In this workshop we will work with the film study guide, resiliency research, and the experiences of the participants to explore the issues raised by the film and develop ways it can influence after-school programming. We will look at issues pertaining to gender, immigrant families, cross-cultural communication, poverty, and mental health. We will practice activities that can be used with girls, staff and parents.

Deal Me In...Food and Fitness

Enrichment: Nutrition

Nicolina Mulcahy, Dairy Council of California

Deal Me In...Food and fitness is a free self-contained program designed for children in grades kindergarten through sixth grade in the after-school setting. The program teaches students the importance of good nutrition and physical activity and to encourage them to make healthier choices. After completing the program students are able to recognize and choose healthy food options according to USDA's MyPyramid, students are able to choose individual physical activities that contribute to their health and students are able to select healthy breakfast and snack-food options. Learn how to lead and play Deal Me In activities from the program during this interactive workshop.

Workshop Session 5: Saturday 1pm - 2:30pm

Walking A-Lign: Strategies to successfully align your program with the school day

Program Management

Julie McClure, CalSERVES and Tara Aroz, Wheatland School District

Integrating an after school program requires dedication to building a culture of shared trust, understanding, respect and a sense of common mission. This workshop will review 5 strategies to increase alignment with the core day while maintaining the enriching, hands-on, fun environment that makes after school great.

After School and Parents: Teaming for All Kids!

Inclusion

Beth Hart, After School Inclusion Project

*A supportive partnership between your program and parents goes a long way to ensuring success for students. By focusing on students with disabilities and other special needs, you will fill your tool belt with new ideas for engaging all parents and making them your partner. **This workshop is specifically geared toward Line Staff.***

Highway to Homework Heaven

Academic Support

Nora Zamora, California After School Resource Center (CASRC)

Homework does not have to hurt! In this interactive workshop, after school staff learn helpful strategies, such as determining appropriateness of assignments, establishing a functional and inviting homework environment, and teaching students study skills. Tips for creating healthy homework habits are included. Participants also explore high-quality homework support materials available for free loan from the California After School Resource Center (CASRC).

The Missing Link: Relationship Skills Education

Middle School

Kay Reed, The Dibble Institute

The research is in: teaching teens relationship skills increases their ability to create healthy relationships and develop positive social behavior! These same skills promote the successful sequence of dating, marriage and having children. Teens want to understand, manage and make wise decisions about relationships. You can change the course of a teen's future through Relationship Education!